

Course evaluations: next Monday

## Repeated Measures Analysis Using Mixed Models

What is Repeated Measures?

- more than one observation per subject or experimental unit

For example:

- ① measures taken on all members of a cluster  
(e.g. family, class, etc.)
- ② cross-over study - experiment where each subject gets each treatment
- ③ "longitudinal" - subjects followed over time, observations at regular intervals

We're going to look at ③.

"Between subjects effects" - factors on which there are no repeated measures  
- constant within a subject

eg gender, in our example: treatment group

"Within subjects effects" - are repeated measures

eg in our example: time

(in a cross-over study: treatment)

Issue: observations not independent: expect observations on one subject to be correlated

## Example: Carbohydrates in Diabetes

- diet study for people with Type 2 diabetes
  - assigned to 1 of 3 treatment groups:
    - ① low GI (glycemic index) (LG)
    - ② high GI (HG)
    - ③ high in monounsaturated fats (MUFAs) (HM)
- for 6 months
- measurements at 0, 3, 6 months

Data file:

- id - patient identifier
- diet - treatment assigned (1G, 1G, 1M)
- season - ignore
- time - 1 = 0 months, 2 = 3 months, 3 = 6 months

Outcomes:

- weight
- hemo - measure of diabetes control.
- glu - " "
- chd - total chd.

The outcome we will analyze  $\rightarrow$  Hb1c  
= TG = triglycerides  
= CR

We're interested in time x diet interaction. Does differences among diets change over time?

We'll time as categorical variable:

- Only 3 time points
- don't have to assume that the relationship with time is linear

Typical longitudinal setting:

$n$  subjects,  $i = 1, \dots, n$

$J$  treatments,  $j = 1, \dots, J$

Our example

$$N = 71 \\ = N_{HG} + N_{LG} + N_{HM}$$

$$J = 3$$

measured  $K$  times,  $K=1, \dots, K$

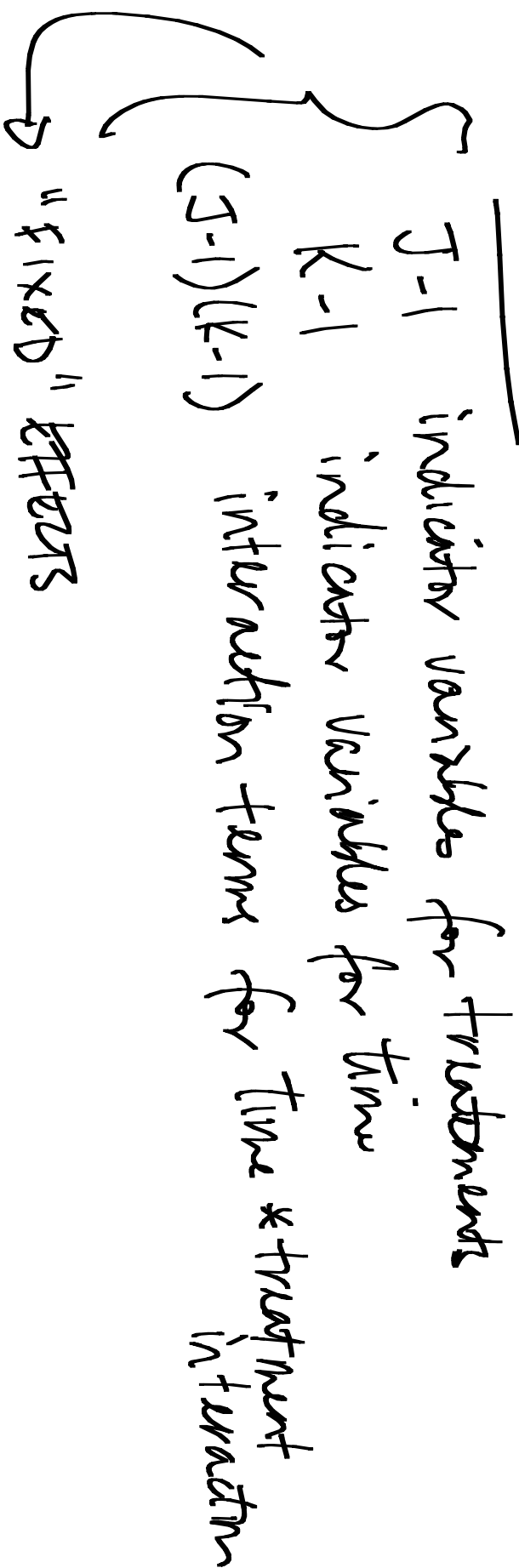
$K=3$

outcome:  $y_{itk}$

HDM

$y_{itk}$  continuous

Normal distribution model for  $y_{itk}$ :



- coefficients of these terms are assumed unknown contrast parameters,  $\beta$ 's  
SHU have to worry about lack of independence of the  $K$  observations on each subject

So Treat subject as "RANDOM" EFFECT

- subject as a random sample from a population of interest

- model the random effect of subject as a

$N(0, \sigma_u^2)$  r.v.  $U$

(If wanted to test if there exist differences



Among subjects, test  $H_0: \sigma_u^2 = 0$  )

Additional benefit of adding random effect for subject:

- inference extends beyond subjects measured to entire population of interest

→ - induces correlation between observations on the same subject

↳ Mixed<sup>n</sup> model - has both fixed and random effects

# Model for diet in diabetes example:

Y<sub>ijk</sub> = response of X<sub>ik</sub> in subject i in group j

$$= \left\{ \begin{array}{l} \beta_0 \\ + \beta_1 I[\text{diet} = HIG], j \\ + \beta_2 I[\text{diet} = HM], j \\ + \beta_3 I[\text{time} = 1], k \\ + \beta_4 I[\text{time} = 2], k \\ + \beta_5 I[\text{diet} = HIG] * I[\text{time} = 1], j, k \\ + \beta_6 I[\text{diet} = HIG] * I[\text{time} = 2], j, k \\ + \beta_7 I[\text{diet} = HM] * I[\text{time} = 1], j, k \\ + \beta_8 I[\text{diet} = HM] * I[\text{time} = 2], j, k \end{array} \right.$$

- +  $\mu_{ij}$   $\rightarrow$  random effect due to i<sup>th</sup> subject
- +  $\epsilon_{ijk}$   $\rightarrow$  random error on j<sup>th</sup> treatment

$u_{ij}$  i.i.d.  $N(0, \sigma_u^2)$  - assume subjects independent

$\epsilon_{ijk}$  i.i.d.  $N(0, \sigma_e^2)$

Assume  $u_{ij}$ ,  $\epsilon_{ijk}$  are independent

Assuming to model!

$$\text{Var}(Y_{ijk}) = \sigma_u^2 + \sigma_e^2, \quad \forall i, j, k$$

$$\text{Cov}(Y_{ijk}, Y_{lmn}) = \begin{cases} \sigma_u^2 + \sigma_e^2, & i=l, j=m, k=n \\ 0, & \bar{i} \neq \bar{l}, (\bar{j} \neq \bar{m}) \end{cases}$$

↳ different subjects are independent

For  $k \neq n$ , (Same subject, different time)

$$\begin{aligned}
 \text{Cov}(Y_{ijk}, Y_{ijn}) &= \text{Cov}(u_{ij}, u_{ij}) \\
 &\quad + \text{Cov}(u_{ij}, e_{ijn}) \\
 &\quad + \text{Cov}(e_{ijk}, u_{ij}) \\
 &\quad + \text{Cov}(e_{ijk}, e_{ijn}) \quad \left. \vphantom{\text{Cov}(Y_{ijk}, Y_{ijn})} \right\} 0 \\
 &= \sigma_u^2
 \end{aligned}$$

$$\text{Cov}(Y_{ijk}, Y_{ijn}) = \frac{\sigma_u^2}{\sigma_u^2 + \sigma_e^2}$$

Result of adding random effect to model:  
 , observations on the same subject are correlated

} The correlation is the same for any pair of observations on the same subject  
the variance is the same for all observations

→ "compound symmetric" (CS) (or "exchangeable") covariance structure

Variance-covariance matrix for example:

There are 7 subjects  
so 213 observations (ignoring missing values)

Variance-covariance matrix of  $\underline{1}$  is  $213 \times 213$  matrix

For each subject there is a  $3 \times 3$  variance-covariance matrix of  $(Y_{ij1}, Y_{ij2}, Y_{ij3})$  for that subject

$$D = \begin{pmatrix} \sigma_u^2 + \sigma_e^2 & & \\ \sigma_u^2 & \sigma_u^2 + \sigma_e^2 & \\ \sigma_u^2 & & \sigma_u^2 + \sigma_e^2 \end{pmatrix}$$

$$\text{Var}(\underline{Y}) = \begin{bmatrix} D & & & \\ & D & & \\ & & \dots & \\ & & & D \end{bmatrix}$$

$\left. \begin{array}{l} D \text{'s are} \\ \text{because} \\ \text{subjects} \\ \text{are} \\ \text{independent} \end{array} \right\} 213 \times 213$



FH model in SAS using proc mixed

- model statement - fixed effects only
- same notation as proc glm

AND - random statement - specifying random effect

id (diet)

↳ id is nested within diet since each subject only gets 1 diet

OR - repeated statement - specify form

- of covariation within subjects
- If you want something more complicated than compound symmetry



How SAs per mixed fits models (by default):

RESTRICTED MAXIMUM LIKELIHOOD (or Residual ML)

- gives unbiased estimators of variance-covariance parameters

Two steps:

① Est var-cov. parameters using <sup>(profile)</sup> maximum likelihood

② Using the est for var-cov. parameters from ①, <sup>est</sup>  $\beta$ 's (coef. of fixed effects) using

generalized least squares

Generalized least squares: least squares with

adjustment because  $\text{Var}(\hat{y}) = V (\neq \sigma^2 I)$

GLS estimator:

$$\hat{\beta} = (X'V^{-1}X)^{-1}X'V^{-1}y$$

$$\text{Var}(\hat{\beta}) = (X'V^{-1}X)^{-1}$$

Repeat ① & ② until converge,  

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